

WinterSown Vegetables and Herbs

Winter Sowing is fabulous for starting veggies. If you've had problems with direct sowing veggie seeds such as the seeds get eaten by birds or critters, or they either desiccate or rot in the soil, or bugs eat them, or there's insufficient germination (for whatever reason) try Winter Sowing your vegetable seeds.

Some good Veggie choices are:

Allium family (onions, shallots, garlic, chives)
Artichokes (zone seven and warmer)
Beans (need very well-draining containers)
Beets
Brassica family (cabbage, broccoli, kale, collards, etc)
Carrots
Celery
Celeriac
Chards
Corn (select an "early" type as it can germinate at lower temps)
Cucurbit family (cukes, squash, pumpkins, melons, gourds)
Leafy Greens
Lettuces
Nightshade family (eggplant, tomatoes, peppers, potatoes - from real seeds....not "seed potatoes" ;-)
Oriental veggies (any)
Parsnip
Peas
Radishes
Spinach

Kitchen Herbs

Anise
Basil (tender annual best sown towards end of winter)
Borage
Chamomile
Chervil
Chives
Cilantro/Coriander
Dill
Fennel, Wild
Lavender
Lemon Balm
Lovage
Mint
Oregano
Rosemary
Rue
Sage
Summer Savory
Sweet Marjoram
Tarragon
Thyme